EPEC®
Education in Palliative and End-of-life Care

PRESENTS

The 18th Annual EPEC Trainer Conferences and Professional Development Workshop

Integrating education and practice improvement in palliative care

OCTOBER 5-7, 2017
HYATT LODGE AT MCDONALDS CAMPUS | OAK BROOK, IL

Northwestern University Feinberg School of Medicine
312-503-EPEC (3732) www.epec.net
Why EPEC

The Education in Palliative and End-of-life Care (EPEC) program, founded in 1999, uses a high-impact, high-dissemination curriculum to spread primary palliative care competencies to health care providers across the US and the world. EPEC’s unique design transforms participants into certified EPEC Trainers who can implement effective palliative care practices at their home institutions and teach others to do the same. More than 2,500 EPEC Trainers in the US and 25 countries abroad teach the EPEC curriculum to thousands of their colleagues each year.

EPEC’s annual event features two ‘Become a Trainer’ conferences that focus on the acquisition of palliative care competencies and teaching skills, as well as a Professional Development Workshop (PDW) to further enhance teaching and leadership skills. Participants may attend one or both conferences.

The EPEC program
» is built upon a comprehensive, interdisciplinary palliative care curriculum written and continually updated by experts in the field.
» provides a unique opportunity to learn to teach palliative care to colleagues.
» allows for hands-on practice to train in effective educational techniques to reach adult learners, including case-based teaching, role play, and interactive lectures.
» is led by experienced palliative care faculty and maintains a very low faculty-to-participant ratio. (1:25 in Trainer conferences, 1:10 in the Professional Development Workshop)

*This year’s conference will be held at Hamburger University in Oak Brook, IL, just outside of Chicago. The bridge (pictured on the cover) connects participants of our conference with the Hyatt Lodge. The Hyatt Lodge overlooks scenic lakes, lush gardens and acres of forest, four miles of jogging trails, and five nature/bike paths.

Hotel reservation information can be found on the Conference Registration and Pricing information page of this brochure.

Conference Registration and Pricing

To register for a conference, go to www.epec.net to complete the online registration form. For more information, please call us at 312-503-3732. Refunds minus a $50 handling fee will be granted if requested prior to September 1, 2017. Refunds will not be given after this date. Registration fees can be applied to participation in a future equivalent conference.

Before Sep 1 | After Sep 2
---|---
EPEC Oct 5-6 | $995 | $1095
EPEC - EM Oct 5-6 | $995 | $1095
Professional Development Workshop (PDW) Oct 6-7 | $995 | $1095
EPEC or EPEC - EM and PDW | $1750 | $1950

Conference fees include: breakfast and lunch each day, electronic copies of all curricula and video vignettes.

Hotel Information
The conference will be held at Hamburger University, located at 2715 Jorie Blvd, Oak Brook, IL 60523. Call the Hyatt Lodge for reservations at 888-421-1442 and mention the "Annual EPEC Conference and PDW" to receive our discounted rate of $169.

Rush University Medical Center is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for the healthcare team. Rush University Medical Center designates this live activity for a maximum of 11.50 AMA PRA Category 1 Credit(s)™ Physicians should claim only credit commensurate with the extent of their participation in the activity.

ANCC Credit Designation — Nurses
The maximum number of hours awarded for this CE activity is 11.50 contact hours.
Rush University designates this live activity for 11.50 Continuing Education credit(s).
This activity is being presented without bias and without commercial support.
Rush University is an approved provider for physical therapy (216.000272), occupational therapy, respiratory therapy, social work (159.001203), nutrition, speech-audiology, and psychology by the Illinois Department of Professional Regulation.
Conference Faculty

Arthur R. Derse, MD, JD  
Director, Center for Bioethics and Medical Humanities  
Medical College of Wisconsin  
Milwaukee, WI  
Master Facilitator, EPEC and EPEC-EM

Joshua Hauser, MD  
Director, EPEC  
Associate Professor, Feinberg School of Medicine  
Northwestern University  
Chicago, IL  
Master Facilitator, EPEC and PDW

Michael Preodor, MD  
Medical Director, Palliative Care  
Advocate Lutheran General Hospital  
Park Ridge, IL  
Master Facilitator, EPEC and PDW

Tammie Quest, MD  
Director, Emory Palliative Care Center  
Emory University School of Medicine  
Atlanta, GA  
Master Facilitator, EPEC-EM

Paul DeSandre, DO  
Assistant Professor, Emergency Medicine  
Fellowship Director, Palliative Care  
Emory University  
Atlanta, GA  
Master Facilitator, EPEC-EM

Gordon J. Wood, MD  
Associate Director, EPEC  
Assistant Professor, Feinberg School of Medicine  
Northwestern University  
Chicago, IL  
Master Facilitator, EPEC and PDW

EPEC OBJECTIVES

At the conclusion of this conference, participants will be able to:

- describe the gaps in and elements and models of end-of-life care and related legal issues.
- explain the principles of pain management and recognize other common symptoms, including dyspnea, nausea/vomiting, constipation, depression, anxiety, and delirium.
- state strategies to address requests for physician-assisted suicide, sudden illness, medical futility, and withholding/withdrawing therapy.
- identify approaches to effective communication, decision making about goals of care, advance care planning, and whole patient assessment.
- improve palliative care teaching skills.

DISTANCE LEARNING

EPEC also offers distance learning options. More information can be found on our website at www.epec.net. Organizations interested in licensing EPEC Distance Learning for a discounted group rate should contact Veronica Saldana at 312-503-EPEC (3732) or e-mail info@epec.net.

'Become an EPEC Trainer' Conference

The target audience for the ‘Become an EPEC Trainer’ Conference is those who wish to become EPEC Trainers and teach others core skills in palliative care.

October 5  
8:00 a.m. to 5:30 p.m.

- Elements and Gaps of Care
- Physical Symptoms
- Pain Management
- Depression, Anxiety & Delirium
- Communicating Bad News
- Medical Futility
- Withholding/Withdrawing Therapy
- Last Hours of Living
- Whole Patient Assessment and Goals of Care
- Legal Issues

October 6  
8:00 a.m. to 12:00 p.m.

- Planning an Educational Event
- Professional Self-Care
- Next Steps
'Become an EPEC-Emergency Medicine Trainer’ Conference

The target audience for the ‘Become an EPEC - EM Trainer’ Conference is those who want to become EPEC - EM trainers and teach core palliative care skills to others in an emergency medicine setting.

October 5
8:00 a.m. to 6:15 p.m.

» Ethical and Legal Issues
» Trajectories and Prognoses
» Goals of Care
» Advance Care Planning
» Caring for Hospice Patients
» Chronic Pain
» Malignant Pain
» Family-witnessed Resuscitation
» Breaking Bad News
» Common Symptoms

October 6
8:00 a.m. to 12:00 p.m.

» Last Hours of Living
» Teaching Palliative Care in the ED
» Interactive Teaching
» Role Playing
» Case-based Teaching

October 6
1:00 p.m. to 6:00 p.m

Improving Teaching Skills

» Know Your Curriculum
» Giving Interactive Lectures
» Small Group Teaching

October 7
8:00 a.m. to 4:30 p.m

Improving Teaching Skills (cont.) & Quality Improvement Methods

» Role Play Teaching
» Teaching Quality Improvement Skills
» Team Building
» Know Your System
» Establishing New Norms

EPEC-EM OBJECTIVES

At the conclusion of this conference, participants will be able to:

» describe elements, models of, and legal issues pertinent to end-of-life care in the emergency setting.
» explain the principles used in the rapid assessment of patients near the end-of-life.
» describe rapid communication strategies, how to successfully implement family-witnessed resuscitation, how to communicate effectively, guide decision making.
» improve palliative care teaching skills.

Professional Development Workshop

The target audience for this workshop is those who want to further enhance their teaching, Quality Improvement and leadership skills. The Professional Development Workshop features in-depth teaching and feedback opportunities for participants, and is a required course for participants interested in becoming EPEC Master Facilitators.

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Improving Teaching Skills

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Improving Teaching Skills (cont.) & Quality Improvement Methods

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PDW OBJECTIVES

At the conclusion of this workshop, participants will be able to:

» describe adult learning theory and recognize how clinicians learn.
» practice a variety of effective presentation and teaching methods.
» improve leadership and group process skills.
» identify phases of quality improvement projects.
» demonstrate the skills of team building, systems research, and advocacy.
'Become an EPEC-Emergency Medicine Trainer’ Conference

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